

# Basic skills Postal Service, Norway

2010 - 2013



# Methodological design

## Measuring effects

- Work sphere
  - Productivity
  - Quality
  - Working environment
  - -Sick-leave



- Private sphere
  - -Children's activities
  - -Local community
  - –Society at large

#### Quantitative research

- Survey
  - -Participants x 3
  - Control groups x 3

## Qualitative research

- Focus groups
  - –Participants
- In-depth interviews
  - -Leaders

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### Recruitment

Control group

Participants

Workplace / department Workplace / department

Age

Gender Gender

Household Household

Seniority Seniority

Mother tongue Mother tongue

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#### Average - Participants / Control group

#### **Participants**

Age: 44 years

• Gender: 45 % men / 55 % women

Seniority: 17 years

- Norwegian as second language: 27 %
- Elementary school: 33 %
- Upper secondary school: 54 %
- University: 12 %
- Household with children: 51 %

#### **Control group**

Age: 42 years

Gender: 57 % men / 43 % women

Seniority: 18 years

Norw. as second language: 14 %

Elementary school: 35 %

Upper secondary school: 52 %

• University: 12 %

Household with children: 39 %



#### **Motivational factors**

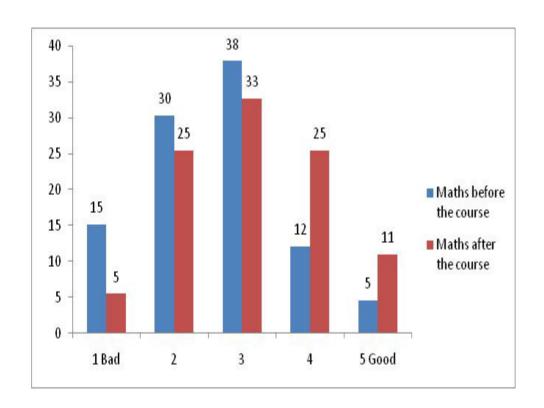
- To increase my general knowledge: 74 %
- To be able to fulfill my work tasks more easily: 66 %
- To be able to help my children with their homework and schooling: 52 %
- To secure my job in case of future changes: 47 %
- To simplify my everyday life (outside of work): 46 %
- To increase my career chances in the company: 32 %
- To be able to go on to further education: 25 %
- To increase my career chances outside the company: 22

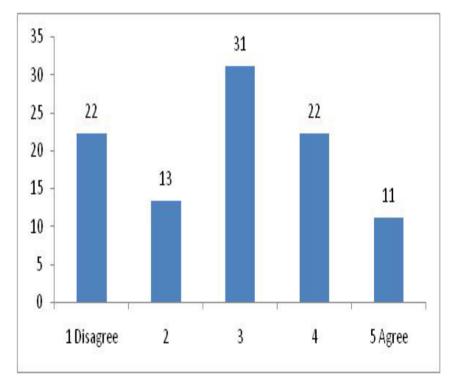


#### **Maths**

How do you rate your math skills?

The course improved my math skills?



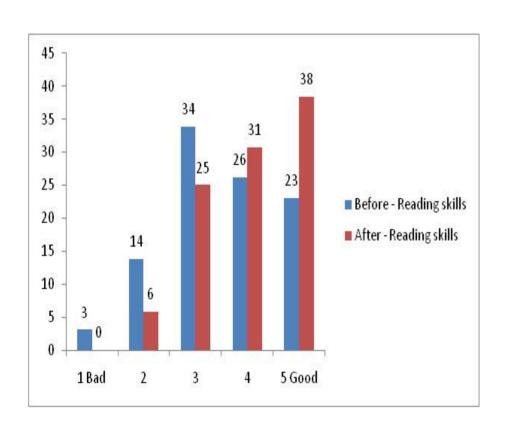


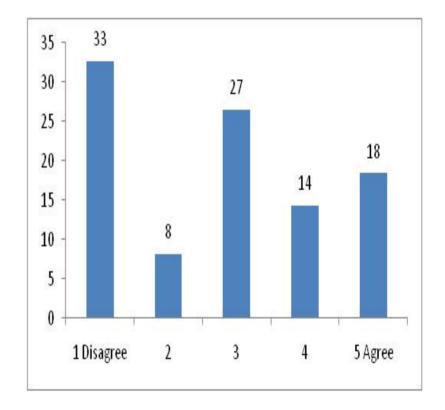


# Reading

How do you rate your reading skills?

The course improved my reading skills?



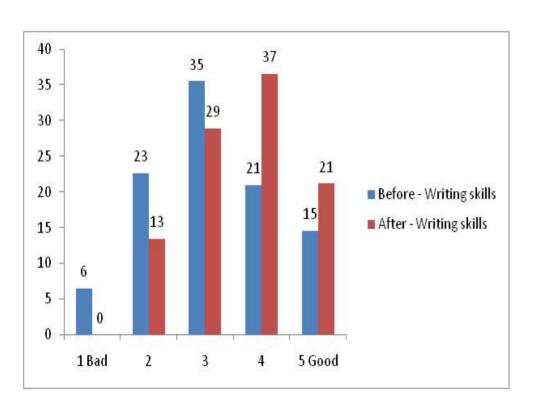


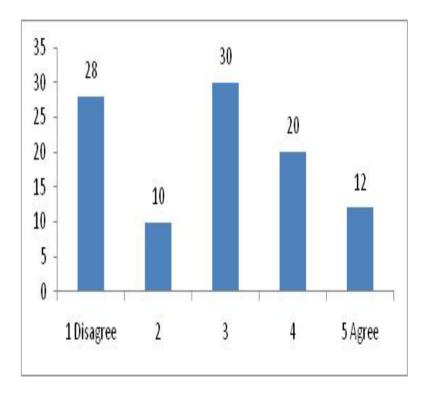


## Writing

How do you rate your writing skills?

The course improved my writing skills?

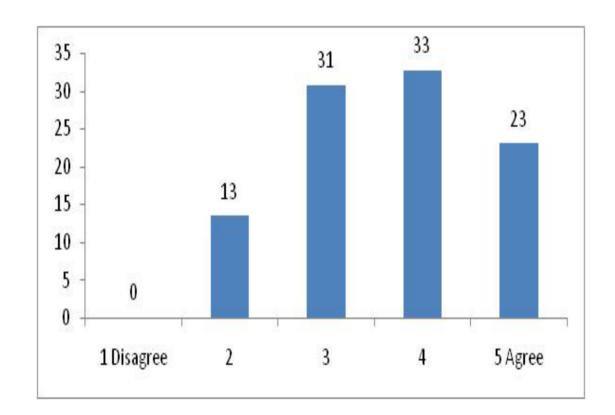






## ICT

The course improved my ICT skills?

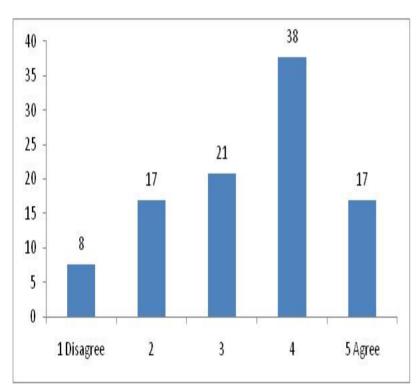


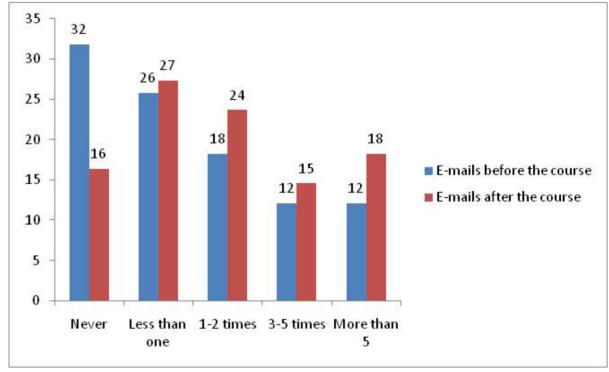


## ICT

The course has increased my use?

How many times a week – outside of work – do you write e-mails?



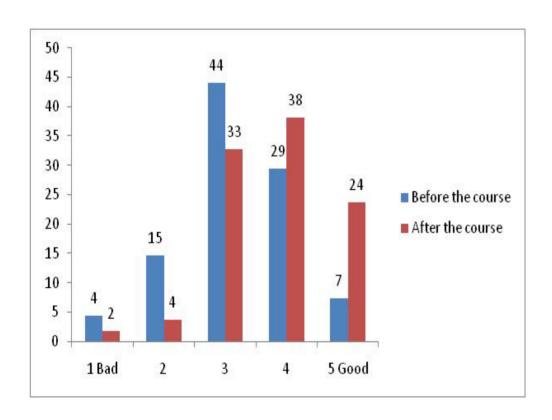


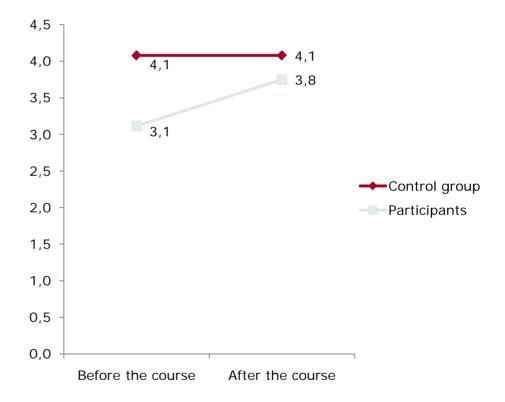


#### Self confidence

The participants rating of self-confidence before and after the course

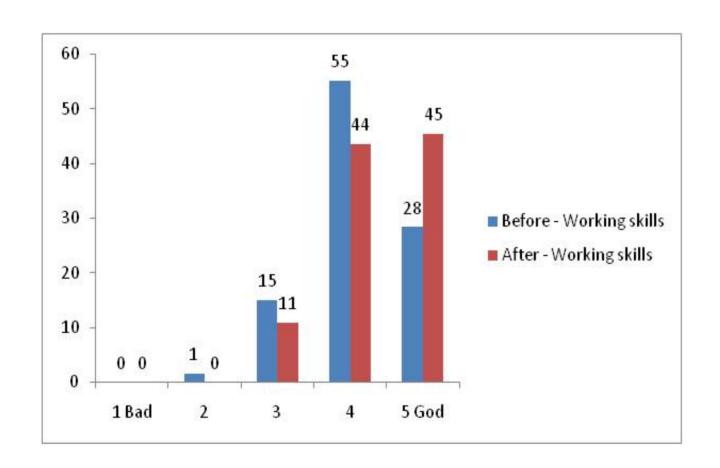
Compared





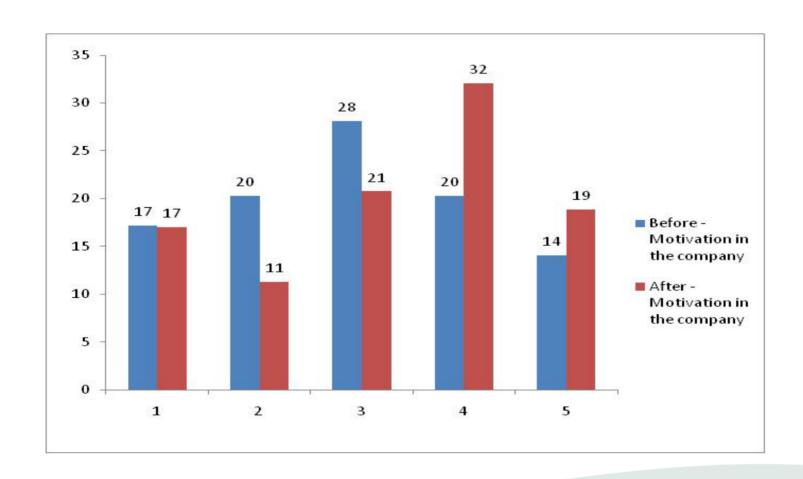


## How good are you at your job?





#### The motivation to apply for new positions within the company





## Future steps - "from motivation to action"

- Workplace:
  - New tasks / job mobility
  - Courses / education
  - Productivity / quality
  - Job satisfaction / sick-leave
- Private life:
  - Local community
  - Courses / education
  - Children's activities
- Society at large:
  - Information channels
  - News
  - Public and cultural events

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